



WELLNESS AT
THE RANDOLPH

WELLNESS MENU





WELLNESS MENU

We are proud to offer a selection of holistic, therapeutic and results-driven spa services. Please contact our Wellness team with any treatment queries.

To make a booking, dial 6901 from your guest room phone or contact the team via email at wellness@graduateoxforduk.co.uk.

FACIAL THERAPY

Royal Elixir Facial

25 | 55 mins

Strengthening facial for tired, stressed skin

Packed with antioxidants and essential nutrients, our Royal Elixir Facial is ideal for tired and stressed skin. This treatment helps skin regain its strength and natural immunity against daily aggressions. 97% of clients claim their skin is left more smooth, radiant and with a healthy appearance.

£55 | £105

Timexpert Hydraluronic Moisturising and Plumping Facial

55 mins

Plump, hydrate and improve your skin

A new dimension of hydration is delivered to the skin by exclusive ingredient formulations, plumping and adding volume. Hyaluronic Acid (HA) is released to the deepest layers of the skin, allowing recovery and preserving of naturally occurring HA in the skin. Slow-release technology delivers and retains moisture reserves for longer-lasting effects.

£120

Timexpert Radiance C+ Illuminating Facial

55 mins

Combat the first signs of aging

An innovative facial to increase firmness and generate new collagen whilst reducing dark spots and evening pigmentation. This service incorporates a patented formulation that increases the benefits of pure Vitamin C by six times. To complement the hands-on therapy, a massage ball is utilised to lift facial muscles, release tension and increase blood flow for the increased glow.

£130

Timexpert SRNS Facial

85 mins

Our most advanced therapy to combat lines and wrinkles

A highly effective treatment that offers unparalleled results in reducing the length and depth of wrinkles. Ideally taken as a course of three treatments and combined with a specific home care programme. Neo Age combines its exclusive formula with an effective massage technique with facial yoga and facial cupping that adds to the effectiveness of this treatment.

£155

Skin Zen Rose and Honey Facial

55 mins

For sensitive, dehydrated and stressed skin

Facial therapy rich in natural ingredients with highly soothing and anti-stress action on the skin. Steeped in massage rituals including our luxurious Japanese steamed towel cleanse, this therapy will nourish, repair and protect the skin. Suitable for all skin types. Ideal for skin in need of boost or suffering from emotional stress.

£115

+ Add-on Facial

15 mins

For sensitive, dehydrated and stressed skin

£25

ADVANCED FACIAL TREATMENT

+ Add-on Expert LAB Clinical Peels

15 mins

A selection of clinical peels to target specific skin types, including a gentle peel for more sensitive skin

An effective system of treatments utilising a professional chemical peel with pharmaceutical grade ingredients. A dynamic, safe and effective treatment capable of improving the texture and quality of all skin types. Designed to treat photo-aging, acne, hyperpigmentation, wrinkles, flaccidity, scars, etc.

£35

TOUCH THERAPIES

Sperience Elements Massage

25 | 55 | 85 mins

A Feng Shui-inspired full body massage

Based on traditional Chinese philosophy, our Sperience Elements massage is specifically catered for you by matching one of our five active oils to your zodiac sign. During this sensory massage, your therapist will relieve tension and negative energy throughout the body.

£55 | £110 | £145

Mediterranean Candle Massage

55 | 85 mins

A warming full body massage

Choose one of our Mediterranean inspired massage candles – lavender, olive or citrus – to be burned while you enjoy a relaxing Pinda massage. The candle's warm oil is then poured over the body for a prolonged body massage, using deep and soothing movements. This indulgent massage will ease tension whilst natural antioxidants hydrate and nourish the skin.

£115 | £150

Deep Tissue Massage

25 | 55 mins

An invigorating, stress-reducing massage

Using ethically sourced baobab seed oil, this African-inspired full body massage promises an invigorating, stress-reducing experience. Centred on one or two areas of the body, the blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity.

£65 | £125





BODY WRAPS AND EXFOLIATIONS

Sperience Chocolate Sensation Body Wrap

55 mins

A deeply warming exfoliation treatment

A delicious chocolate therapy with zero calories! This deeply hydrating and nourishing therapy begins with a stimulating chocolate body scrub to buff away dead skin cells before a deeply warming full body chocolate envelopment with a rich aroma. The treatment concludes with a scalp massage to ease the mind and calm the senses.

£110

Pomegranate Body Wrap

55 mins

Plump, hydrate and improve your skin

The treatment commences with a body exfoliation made from pomegranate seeds to buff away dead skin cells. Followed by a fresh body wrap and moisturizer, the treatment ends with a scalp massage to calm the mind and ease the senses.

£110

Full Body Exfoliation

25 mins

Buff away dead skin cells for smooth, glowing skin

An algae-based exfoliation gently removes dead skin cells and stimulates blood circulation whilst nourishing and hydrating the skin with detoxifying elements.

£45

BODY AND MIND

Lavender Soothing Body Massage and Royal Elixir Facial

90 mins

A full body and face ritual for tired, stressed skin

After a warm Pinda protocol, your serenity Sperience moment starts with a prolonged massage using warm oil from our lavender infused candle. Continue to unwind with our Royal Elixir Facial designed to soothe and strengthen stressed skin.

£160

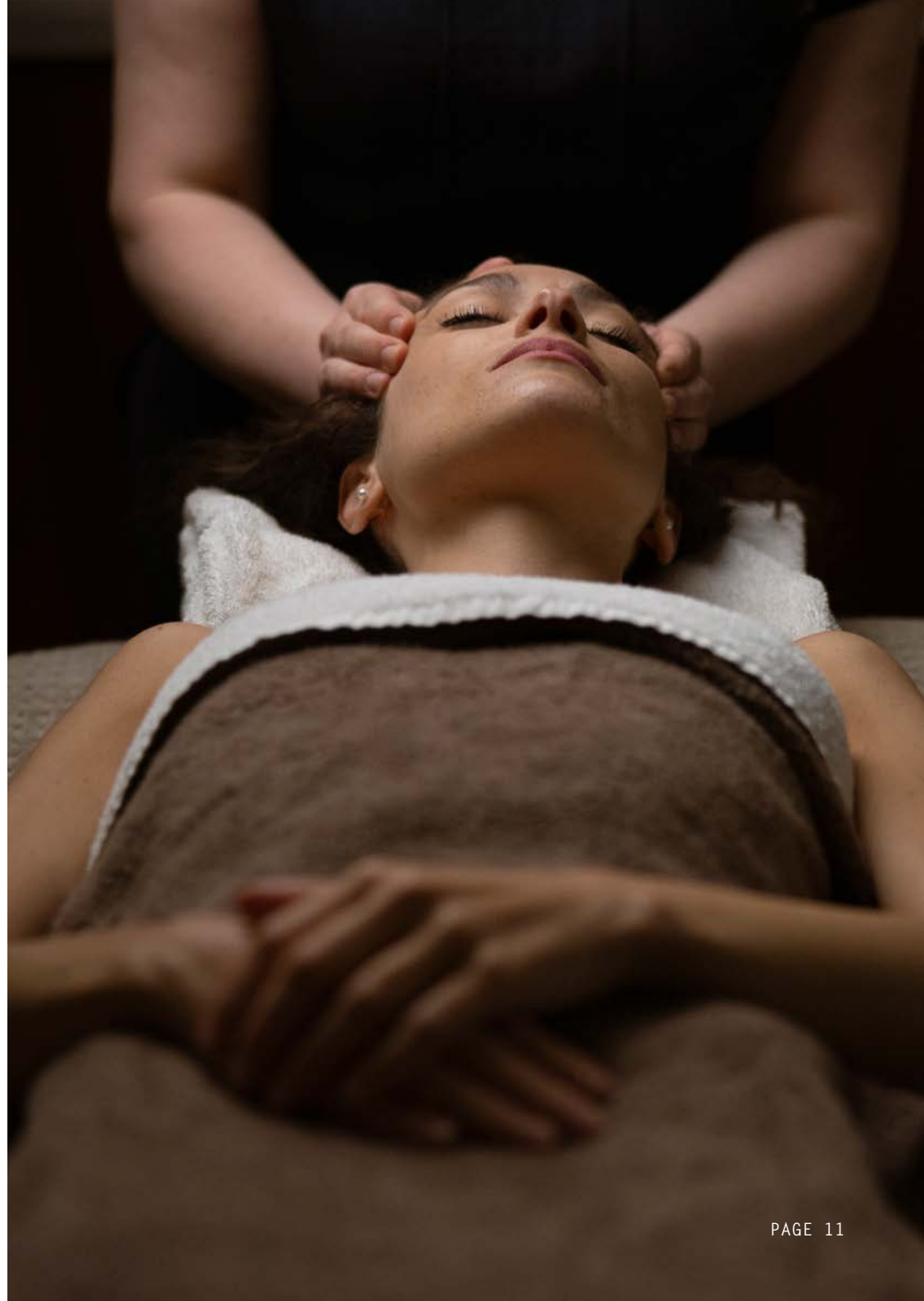
Green and White Tea Detoxifying Body Massage and Facial

90 mins

A detoxifying full face and body ritual

After a warm Pinda protocol, your detoxifying Sperience moment begins with a prolonged massage using Green Tea oil packed with anti-oxidising and anti-inflammatory ingredients to protect your skin. Your therapy continues with a draining facial massage using White Tea for intense nourishment.

£160





MANICURES AND PEDICURES

File and Paint 25 mins *(Hands or Feet)*

Nails are filed into your preferred shape, cuticles are pushed back, and polish is applied in the colour of your choice.

£30

Pedicure 55 mins

A vital treatment for the stress of modern life, this treatment combats dry, hard skin on the feet while treating dry cuticles and aching feet. A leg and foot massage followed by a colour of your choice.

£55

Manicure 55 mins

This luxurious treatment begins with cleansing, exfoliation and cuticle work. A blissful hand massage is carried out, followed by the nail colour of your choice.

£55

GEL NAILS

Bio Sculpture gel formula delivers a long lasting, flawless finish that dries in seconds and is available in our most popular colours.

Gel Nail Shape and Polish 45 mins *(Hands or Feet)*

Includes a nail shape, slight cuticle work and polish.

£45

+ Add-on Luxury Mask 15 mins *(Hands or Feet)*

Add this luxury mint mask to your manicure or pedicure appointment.

£15

Gel Overlay Manicure 55 mins

Includes hand exfoliation, massage, cuticle care and nail shape finished with gel polish.

£65

Gel Overlay Pedicure 55 mins

Includes foot exfoliation, massage, lotion, cuticle care and nail shape finished with gel polish.

£65

Gel Removal 10 mins

Free if having re-application.

£10

PRE- AND POST-NATAL

Treatments specifically designed for pregnancy. 12+ Weeks

Mother-To-Be Massage

55 mins

A firming massage adapted to suit pregnant women. Our collagen body cream firms, hydrates and tones the skin, combined with relaxing massage movements and warm Pindas soothe tension in the muscles whilst firming and toning the skin.

£110

Phytocare Baobab Ritual Full Body

85 mins

Exfoliation, Massage and Scalp Massage

Using ethically sourced baobab seed oil, this African-inspired ritual promises an invigorating and stress reducing experience. The blend of natural oils provide anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity, making it the ideal treatment during pregnancy. This ritual includes a warm Pinda protocol, foot cleanse, full body exfoliation with baobab seed scrub, relaxing full body and scalp massage with baobab oil and an energizing leg massage using our cooling Dreamy Legs gel.

£160

WELLNESS TREATMENTS

This range of treatments by Germaine De Capuccini is specifically designed for cancer patients, those on intensive medication or anyone in need of a completely soothing and de-stressing experience. Carefully selected products target skin related side effects caused by chemotherapy, radiation treatments and other strong medication.

Aloe and Mint Cooling Body Therapy

85 mins

This gentle therapy combines the power of semi-precious stones to restore harmony to the mind, with a gentle cooling massage to soothe the body.

£165

Calming Hand, Foot and Scalp Therapy

75 mins

This therapy is designed to counteract extreme dryness that can occur with hair loss.

£145

Soothing Rose and Honey Harmony Stone Facial

55 mins

Pure rose hip oil, known for its healing properties, is combined with our de-stressing royal elixir to revitalize dull skin and help regain natural immunity. Each facial includes our five rose petal mask which soothes skin prone to sensitivity brought on by emotional and physical stress from medication. A luxurious gentle touch and healing massage with obsidian and onyx stones will help to restore peace to the mind and soul.

£115

Holistic Obsidian Ritual Stones

55 mins

Massaging with warm obsidian stone creates negative ions (the good guys) which help to rebalance positive ions caused by pollution, poor diet and stress. It is also known to alleviate mental stress and tension whilst providing clarity – ideal for the holistic treatment of anxiety and depression. White Onyx used with ice helps to relieve headaches, nausea and sensitive or irritated skin.

£120

THERMAL SPA

Enjoy numerous thermal wellness health benefits as part of your visit.

Facilities Include: rock sauna, bio-sauna, aroma steam room, steam room, ice fountain, sensation shower, jacuzzi and relaxation room.

Thermal Spa (Hotel Guest)

60 mins | £20

Thermal Spa (Non-Hotel Guest)

60 mins | £30

- Please ask our reception team to sample some of our Germaine De Capuccini products.
- Guests must be 18+ to use the thermal spa.
- Guests may not bring glass into the thermal area (glass cups, mobile phones, etc.).
- The Thermal Spa is a shared space between male and female guests, with up to six guests at a time. Please be respectful of other guests while you are using.
- Guests must wear a swimsuit at all times.
- Guests are required to shower prior to entering the Thermal Spa. There are showers provided in the changing rooms, or the sensation shower in the Thermal Spa.
- Please be aware that we operate a CCTV System for guest safety.





PACKAGES

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Alice Spa Package

Champagne afternoon tea, Germaine De Capuccini gift, 55 min. treatment, 2-hour thermal access.

£175 WEEKDAYS | £195 WEEKENDS

Queen of Hearts Spa Package

Classic afternoon tea, 55 min. treatment, 2-hour thermal access.

£130 WEEKDAYS | £150 WEEKENDS

Through the Looking Glass Spa Package

55 min. treatment, 2-hour thermal access.

£95 WEEKDAYS | £105 WEEKENDS

White Rabbit Spa Package

25 min. treatment, 2-hour thermal access.

£65 WEEKDAYS | £85 WEEKENDS

Inclusive Treatments – Spa Packages

55 mins

- Spierience Elements Full Body Massage
- Royal Elixir Facial
- Manicure
- Pedicure
- Mother to Be Massage
- Full Body Wrap (Chocolate or Pomegranate)

Inclusive Treatments – Spa Packages

25 mins

- Spierience Elements Back Massage
- Royal Elixir Facial
- Body Exfoliation
- File + Paint Hands
- File + Paint Feet

TERMS AND CONDITIONS | FAQs

- Students: 10% off Monday–Thursday. Student ID required.
- Spa and Beauty Treatments: We recommend that all guests arrive at least 15 minutes prior to their scheduled appointment to allow themselves enough time to complete a health questionnaire. Please note that the time stated for the treatment includes both the consultation and the time for you to prepare for the treatment.
- Nail Care: Your treatment time does not include gel removal. Please remove your gel prior to arrival or book in additionally to avoid your treatment time being shortened/not performed.
- Medical Conditions: Please advise us if you have a medical condition, allergy, or you are undergoing treatment prior to your arrival, so we can ensure your treatments are suitable for you. The wellness centre has the right to decline or will offer an alternative treatment if the therapist feels it to be necessary.
- Spa Etiquette: The spa is an area for relaxation – please respect other guests’ right to privacy and please refrain from using your mobile phone. Guests should take responsibility to safeguard their personal belongings and property. The Wellness Centre will not be held liable for any liability claim or expense arising directly or indirectly from any loss, theft or damage to personal belongings or property in any spa premises (including the lockers).
- Terms and Conditions: Please understand that any late arrivals will not receive an extension for any scheduled treatments. If there is an insufficient time to complete the treatment, then the cancellation policy will apply (see below).
- Thermal area usage is suitable for guests 18 and over at all times. We also offer a select few treatments for guests aged 12-17 with signature and accompaniment from parent/guardian:
 - Royal Jelly Facial (25 minutes)
 - File + Paint Hands
 - File + Paint Toes

To perform these treatments, we will need a signature from a parent/guardian and he/she must be always present in the Wellness Centre.

Our thermal access is available to those 16-17 with a signature from a parent/guardian, he/she must be always present with the minor.

- We require a deposit of 50% for all treatments and packages booked.
- A wellness centre tote (robe, towel, flip-flops) will be provided upon arrival. The tote and flip-flops will be for you to take home as a reminder of your visit to the Wellness Centre.
- Cancellation Policy: We ask that all wellness centre packages and treatment bookings must be cancelled 24 hours prior to the treatment time, otherwise we reserve the right to retain the deposit.





THE
RANDOLPH HOTEL

by GRADUATE HOTELS